



JABA's Intergenerational Activities

In 2008, the JABA Board of Directors took the initiative to broaden the scope of the JABA mission to read: *Promote, establish and preserve sustainable communities for healthy aging that benefit individuals and families of all ages.* Philosophically, this represented a shift from viewing clients as the “over 60 crowd” to a more inclusive recognition that healthy aging occurs best in communities that celebrate an intergenerational approach to policy and resource allocation considerations.

JABA's Strategic Plan is established on three cornerstones—sustainability, intergenerational focus and healthy aging. The activities that follow are evidence of the ongoing efforts to ensure an intergenerational approach to meeting Strategic Plan goals.

Shared Site Intergenerational Centers:

- Hillsdale Adult Care Center and Montessori—Children and older adults come together each day to share activities. JABA staff is encouraged to volunteer in the ACC as well. JABA's shared site program won the 2011 Generations United/MetLife Foundation Intergenerational Shared Site Excellence Award.
- Hillsdale Adult Care Center and the City of Charlottesville Community Attention Youth Internship Program (CAYIP)—Four participants from the program spend eight-weeks during the summer engaged in activities with older adults.
- Hillsdale Adult Care Center and Longwood University—Each year, an intern from the University completes an internship towards credentialing as a Certified Therapeutic Recreational Specialist (CTRS).
- Hillsdale Adult Care Center and Local High Schools—Approximately 25-30 local high school students do an average of 15 hours of community service with members of the Adult Care Center.
- Hillsdale Adult Care Center and the University of Virginia—Members of a UVa fraternity visit each week to do a storytelling activity with older adults.
- Louisa Adult Care Center, Louisa community Senior Center and Shining Star Child Care Center at the Betty J. Queen Intergenerational Center in Louisa—Children and older adults share activities and have lunch together each day. Program activities also include individuals in Parks and Rec and ARC of the Piedmont programs.
- Jefferson School City Center—Opening in 2012 with partner tenants. Opportunities and partnerships for intergenerational activities include: JABA Community Center, café for congregate program and meals for community purchase, nursing clinic and case management; Piedmont Family YMCA for infant and child care; Piedmont Virginia Community College for downtown classes and culinary arts program; Charlottesville Albemarle Technical Education Center culinary arts student placement in JABA's café; Common Ground Healing Arts for affordable alternative health practices; Literacy Volunteers of Charlottesville/Albemarle; Martha Jefferson Hospital clinic, focusing on women's and children's health issues; Charlottesville Parks and Recreation and the African American Heritage Center with exhibitions and performing arts for individuals of all ages.

- Southern Albemarle Intergenerational Community Center—Opening date unknown with partner tenants to include: JABA’s Community Center and the Piedmont Family YMCA, both in close proximity to the Southern Albemarle Family Practice clinic. Additional partner tenants may be identified in the future.
- Fluvanna Intergenerational Community Center—In planning stages, with partner tenants to include: JABA’s Community Center and Parks and Rec. Additional partner tenants may be identified in the future.

Community

- All eight of JABA’s Community Centers hold intergenerational activities routinely as part of their monthly calendars. Children from local schools, faith based organizations, service clubs visit with older adults in the Center and older adults visit with the children and youth at their meeting places. Activities include arts and crafts, community service projects, community gardens and oral histories.
- Kid Pan Alley is a program in which singers and song writers work with older adults and children to exchange stories and write songs that the children perform at a public concert.
- JABA recruits volunteers of all ages to work together to contribute to sustainability of healthy communities. Older adults and children share skills and talents with each other and learn the value of meaningful activities.
- JABA’s efforts at promoting the value of local food and increasing access is intergenerational.
 - Gleaning from local farmers’ markets provides local food to low income individuals of all ages in the community. Education sessions and cooking classes allow older adults and children to learn together and share good nutrition.
 - JABA serves on the Childhood Obesity Task Force and introduced local currency at public housing sites and EBT at the Charlottesville farmers’ market to enable families with low incomes to purchase local food.
 - JABA is teaming up with the Boys & Girls Club to provide mini farmers markets in low income neighborhoods. The youth will buy produce from The Local Food Hub and resell it in selected neighborhoods. They will use JABA’s EBT machine, so that residents with SNAP benefits (formerly food stamps) can use their benefits to purchase healthy fruits and vegetables that are grown locally. The project provides the youth with business training as well as education on healthy eating.

School Programs

- FISH—Friends in Schools Helping—recruits volunteers to work with children, primarily in elementary schools, to develop their reading and math skills. Children participating in the program are identified by their teachers as being academically at-risk. Breakfast and Lunch Buddies programs in local schools partner college students and adults with younger students to provide conversation and positive role models that foster self-confidence in students.
- Louisa County High School—the Long Term Care Ombudsman participates once or twice a year in discussions with two high school classes on long-term care issues and the Ombudsman program.
- CATEC—Charlottesville Albemarle Technical Education Center—has a culinary arts program for high school students. Students work as interns in JABA’s Hillside and Mountainside Senior Living (JABA’s assisted living facility) kitchens, learning about food preparation. When the Jefferson School opens, CATEC and JABA will offer curriculum

in all aspects of running a café, including but not limited to: food ordering, food preparation, business financials, customer service and facility maintenance. Credits earned from CATEC can be applied to PVCC's culinary arts program.

- PVCC—Piedmont Virginia Community College—is developing an Associate Degree culinary arts program to be housed in the Jefferson School. JABA and PVCC will partner to provide students with various learning opportunities to include running a café, food preparation and catering for large and small events.
- Longwood University and Virginia Commonwealth University—The Case Management Department supervises Social Work students interested in gerontology in direct work with JABA participants.
- UVa:
 - School of Nursing—JABA's nurse practitioner is on faculty at UVa School of Nursing and has students on clinical rotations in the Community Centers and Louisa Adult Care Center. Members of JABA's Jefferson Eldercare Board and JABA Board are on faculty at the School of Nursing and have students on clinical rotations at Mountainside Senior Living and Crescent Hall (public housing community where JABA provides a nursing clinic).
 - School of Medicine—JABA provides first year medical students with exposure to older adults and community based services and nursing home advocacy through the "Social Issues in Medicine" study. Third year students have an opportunity to begin to use clinical skills in the community through a clerkship program with JABA. JABA's CEO provides annual lectures on issues of aging, and a member of JABA's Board (a retired geriatrician) provides an annual program for aspiring medical students in which they visit with residents of Mountainside Senior Living and JABA's Hillsdale Adult Care Center. JABA also provides third-year medical students studying geriatrics with one-on-one exposure to older adults in visits to the community centers, the Adult Care Centers, Crescent Halls and community centers, working with JABA nurses as they care and assist members, and on home visits with case managers to interview and spend one-on-one time with older adults.
 - Dietician Program—Dietetic Interns visit JABA's Community Centers and assess older adults for their nutritional status and menu preferences. They plan menus and analyze JABA's menu for nutritional content.
 - Masters of Public Health—Students learn about the impact of policy on programs for older adults. They have an opportunity to perform ongoing service projects and research projects that have an impact on the local living conditions for older adults.
 - School of Architecture—Students and faculty are engaged in learning more about the living and health conditions for older adults and children through community mapping and research programs. A faculty member worked with JABA to perform a Neighborhood Engagement Study for the Jefferson School. Youth, adults and older adults participated in a unique project in which they took photographs in their community to help inform the School's Foundation and partner tenants on what programs and services they hope to see available at the School.
 - School of Law—JABA's Long-Term Care Ombudsman provides classroom discussion of long-term care issues and the Ombudsman program.
 - Darden School of Business—Faculty participate in a community quality food council to promote the development of local food related businesses.
 - Madison House Grandparent Program in Community Partnership—Case managers take students to visit older adults in their homes on a weekly basis.