



# LUNCH MENU—April 2024

# GREENE COMMUNITY SENIOR CENTER



TUESDAY	WEDNESDAY	THURSDAY
<b>2 Salisbury Steak &amp; Gravy</b> Dinner Roll Mashed Potatoes (1/2 c) Spinach (1/2 c) Berry Medley*	<b>3 Italian Chicken</b> Dinner Roll Navy Beans (1/2 c) Carrots (1/2 c) Pears*	<b>4 Grilled Chicken Salad</b> Dinner Roll Potato Salad (1/2 c) Mandarin Oranges*
<b>9 Shrimp Scampi</b> Garlic Bread Broccoli (1/2 c) Carrots (1/2 c) Mixed Fruit*	<b>10 BBQ Chicken</b> Dinner Roll Potato Salad (1/2 c) Brussel Sprouts (1/2 c) Peaches*	<b>11 Taco Salad</b> Dinner Roll Black Beans (1/2 c) Pears*
<b>16 Seasoned Pork Chops</b> Dinner Roll Yams (1/2 c) Green Beans (1/2 c) Mixed Fruit*	<b>17 Cheeseburger</b> Baked Beans (1/2 c) Vegetable Blend (1 /2 c) Pears*	<b>18 Seasoned Chicken</b> Dinner Roll Pinto Beans (1/2 c) Carrots (1/2 c) Pineapple*
<b>23 Chef Salad</b> Dinner Roll Berry Medley *	<b>24 Ham</b> Dinner Roll Black Eyed Peas (1/2 c) Collard Greens (1/2 c) Peaches *	<b>25 Chicken Stir Fry</b> Brown Rice (1 c) Mandarin Oranges *
<b>30 Oven Baked Chicken</b> Dinner Roll Pinto Beans (1/2 c) Squash & Onions (1/2 c) Berry Medley*		*Milk is always available upon request.



Visit Us Online: [jabacares.org/community-senior-centers](http://jabacares.org/community-senior-centers)

The Greene Community Senior Center proudly partnered with the Greene County Library to share a building and a community. The collaboration developed out of shared service to seniors in Greene and the desire for more intergenerational connections and a space that would serve as backdrop for a thriving community of all ages. Now it's common to see seniors and those of all ages enjoying each other where all are welcome. As one person put it, the space is "where experience and innocence meet."



Menus is subject to change. Donations are accepted for lunch and program. Suggested donation is \$3 per day.

A Service Program of JABA and Greene County for older adults 60 and older.

**Address:** 222 Main Street Stanardsville, VA.22973 **Phone:** 434-985-2047

**Supervisor:** Sandra Davis , [sdavis@jabacares.org](mailto:sdavis@jabacares.org)

JABA's Community Senior Centers offer a wide range of activities, healthful lunches, and meaningful connections with your peers and other community members.



# APRIL 2024

## Greene Community Senior Center Activities

Open Tuesday through Thursday 9:30 am-1 pm

### At Home with JABA

Activities from the comfort of your home.

Learn More: [jabacares.org/at-home-with-jaba](http://jabacares.org/at-home-with-jaba)

or (434) 872-3337

TUESDAY	WEDNESDAY	THURSDAY
<b>2</b> 9:15 Opening/Brain Teasers/Site Council 9:30 Exercise Walking Group 10:00 DIY Seed Bombs 11:00 Visit with ASC 12:00 Lunch	<b>3</b> 9:15 Opening/Brain Teasers/Site Council 9:30 Exercise with Minna 10:00 Devotion w/ Betty 11:00 Dirt Cup Food Craft	<b>4</b> 9:15 Opening/Brain Teasers 9:30 Exercise 10:00 MOVIE DAY 12:00 Lunch
<b>9</b> 9:15 Opening/Brain Teasers 9:30 Exercise/Walking Group 10:00 Springhill Church 11:15 Backyard Birding with Jelena 12:00 Lunch	<b>10</b> 9:15 Opening/Brain Teasers 9:30 Exercise with Minna 10:00 Message from Pastor Greg 11:00 Word Puzzle Wednesday 12:00 Lunch	<b>11</b> 9:15 Opening/Brain Teasers 9:30 Exercise 10:00 BINGO 12:00 Lunch
<b>16</b> 9:15 Opening/Brain Teasers 9:30 Exercise/Walking Group 10:00 Who Am I? 11:00 Trivia Tuesday 12:00 Lunch	<b>17</b> 9:15 Opening/Brain Teasers 9:30 Exercise with Minna 10:00 Art / Rae (Art Guild) 11:00 TRIAD 12:00 Lunch	<b>18</b> 9:15 Opening/Brain Teasers 9:30 Exercise 10:00 Health Presentation with Lizzie 11:00 Lets Play Jeopardy!
<b>23</b> VOLUNTEER APPRECIATION WEEK 9:15 Opening/Brain Teasers 9:30 Exercise/Walking Group 10:00 Sun Catcher Craft 11:15 Healthy Steps 12:00 Lunch	<b>24</b> 9:00-1:00 PICNIC AT GREENE PAVILLION	<b>25</b> 9:15 Opening/Brain Teasers 9:30 Exercise 10:00 BINGO 12:00 Lunch
<b>30</b> 9:15 Opening/Brain Teasers 9:30 Exercise/Walking Group 10:00 Art w/Rae (Art Guild) 11:0 Wacky Wordies/Cranium Crunches 12:00 Lunch		