JABA's Information & Assistance

Fast Facts

Are you or a loved one having difficulty finding the information and resources you need to maintain a healthy, safe and active life as you age? Contact JABA to learn more about available supports and services.

Who We Serve:

- Seniors
- Adults with disabilities
- Caregivers

We Provide:

- Needs assessment
- Direction to resources and information
- Referrals to JABA programs and services
- Referrals to local/state/national organizations and resources
- Relevant reference materials

How to Obtain Service:

- Telephone
- Email
- In person appointments (locations in Charlottesville, plus Albemarle, Fluvanna, Greene, Louisa and Nelson counties)
- Website
- Facebook: JABA Charlottesville

Eligibility and Fees:

- No eligibility requirements
- No fees

Jefferson Area Board for Aging
674 Hillsdale Drive, Suite 9
Charlottesville, VA 22901
434.817.5222
www.jabacares.org
info@jabacares.org

jaba
Live better. Longer.

JABA's Information & Assistance

Fast Facts—Continued

Key Subjects Covered:

- Adult Day Care
- Alzheimer's/Dementia Care
- Assisted Living/Memory Care
- Caregiving/Caregiver Support
- Community Senior Centers (and other educational, social and volunteer opportunities)
- Continuing Care Retirement Communities/Retirement (including independent living)
- Disability (including general, hearing, vision, equipment)
- Emergency Services/Utility Bills/Fuel Assistance
- Employment/Jobs (job openings, counseling, training)
- Financial Advisors and Services
- Food/Meals/Nutrition (food banks/pantries, meals including home-delivered)/ SNAP
- Fraud/Scams
- Geriatric Care Managers
- Home Adaptation
- Home Care Agencies
- Home Repairs/Renovations/Weatherization
- Hospice, End-of-Life Care
- Housing (general, JABA, handicapped-accessible, subsidized, alternative)
- Insurance
- Lawyers/Legal Services
- Long-Term Care: Assisted Living Facilities/Adult Homes/Skilled Nursing
- Medical (including medical services, geriatricians, dental, dentures)
- Medical Directives (health care power of attorney, do-not-resuscitate orders)
- Medicare/Medicaid
- Mental Health (including agencies, private counselors)
- Personal Emergency Response Systems
- Rehabilitation Facilities
- Respite Care
- Social Security
- Support Groups
- Taxes
- Transportation (including driving and DMV)
- Veterans

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